



**HINDLIP CE FIRST SCHOOL &
TIBBERTON CE FIRST SCHOOL**
Exec. Headteacher: Mr A. Gromski BA Hons PGCE
Tibberton 01905 345284
Hindlip 01905 453455



Safeguarding and Support Services for Children and Families

If you require emergency assistance please contact 999 to access the Police, Fire Service or an Ambulance.

If you require support or advice from the Police, but it is not an emergency, please call 101.

If you require emergency assistance from the NHS please attend your local A+E.

If you require support or advice from the NHS, but it is not an emergency, please call 101.

If you have significant concerns about the welfare or safety of a child (ren) and the child (ren) lives in Worcestershire. You can call the Family Front Door on 01905 822666.

If you require support with a safeguarding concern (that is not an emergency) please contact our safeguarding team via office@tibberton.worcs.sch.uk or on 01905 345284.

If you are a child or young person who needs to speak to somebody about a worry or concern you can call Childline. This service is free and confidential. Please call 0800 1111.

Other Support Services for Specific Issues

Young Carers

Worcestershire Young Carers. Call 01905 619886 youngcarers@yys.org.uk ☐

More information can be found at www.barnardos.org.uk

Drugs/Alcohol

Turning Point: More information can be found at www.turning-point.co.uk ☐

Swanswell: support in Worcester for families 0300 303 8200 search Swanswell Worcester.

FRANK: Support for adults and children visit talktofrank.com

Food/Eating Issues

Beat: Under 18s helpline, webchat and online support groups for people with eating disorders, such as anorexia and bulimia. Helpline: 0808 801 0677(open 365 days a year from 12pm-8pm during the week, and 4pm-8pm on weekends and bank holidays)

Domestic Abuse

If you are a victim of domestic abuse and violence, or know someone who is, there is help available. The helpline for West Mercia Women's Aid is available 24 hours a day, 365 days a year and is staffed by trained workers who can offer you support, safety planning,

information and advice. The staff are skilled in active listening, will not make judgements and will treat you with respect, as well as offering practical and emotional support and information.

West Mercia Women's Aid Helpline 24 hours a day on 0800 980 3331

Men's Advice Line on 0808 801 0327 (Monday - Friday 9am-5pm) ☐

For out of hours support call the 24 hour National Domestic Violence Helpline on: 0808 2000 247. For text support: 07715 994 962.

Mental Health

Kooth.com: Free, safe and anonymous online support for young people. Kooth is a transformational digital mental health support service. It gives children and young people easy access to an online community of peers and a team of experienced counsellors. Monday to Friday 12:00 -22:00, Weekends 18:00 - 22:00 ☐

ChatHealth is a secure and confidential text messaging service for young people. It allows patients to easily and anonymously get in touch with a healthcare professional for advice and support. It's a locally-offered service used by healthcare provider organisations across the UK. Text: 07507331750 ☐

Young Minds Parents Helpline: 9:30-16:00 (Monday to Friday) - Free and confidential support, information and advice for any adult worried about the emotional problems, behaviour or mental health of a child/young person. Call 0808 802 5544.

Suicide

HOPELINEUK: If you are having thoughts of suicide or are concerned for a child or young person that might be, you can contact this service for confidential support and practical advice. 10:00-22:00 (weekdays), 14:00-22:00 (weekends and bank holidays). More information can be found at www.papyrus-uk.org. Call 0800 068 4141, Text 07786209697 or email pat@papyrus-uk.org

Samaritans: Whatever you're going through, a Samaritan will face it with you. 24 hours a day, 365 days a year. **Call 116 123 for free.**

Bereavement

Grief Encounter: This service offers a flexible and accessible service which aims to professionally care and respond to bereaved children, young people and their families via counselling, group activities, family fun days, residential camps and interactive online services. More information can be found at www.griefencounter.org.uk. Call 0808 802 0111 (free to call, Monday-Friday 9:00-21:00) or email griefftalk@griefencounter.org.uk

Touchstones is a small, local charity with one very simple aim - to be there for any bereaved child and young person in North East Worcestershire - including Redditch, Bromsgrove, Wythall, Rubery, Hagley. Phone 07547 367267 info@touchstonessupport.org.uk ☐

Footsteps is a charity based in Worcestershire. They offer support in Worcestershire for children and young people who have lost a family member visit www.talktofootsteps.org

Online Safety

Saferinternet.org.uk: You don't need to be an expert on the internet to help keep your child stay safe online. This site provides advice and resources to support you as you support your child to use the internet safely, responsibly and positively. ☐

CEOP- support parents and young people through online sexual abuse.visit www.thinkyouknow.co.uk, advice and support available.

Sexual Orientation/Gender Identity

Young Stonewall: Information and support for all young lesbian, gay, bi and trans people. For more information please visit www.youngstonewall.org.uk or call 0800 050 2020

FFLAG: This is a national voluntary organisation and registered charity. We are dedicated to supporting parents and their lesbian, gay, bisexual and trans daughters and sons. If you, your family or friends need support, reassurance or information, call the confidential helpline on: 0845 652 0311 (all calls charged at 2p per minute plus network charges). For more information please visit www.fflag.org.uk

Mermaids: Family and individual support for gender diverse children and young people visit www.mermaids.org.uk

Housing support

If you have any concerns about your housing situation or at risk of eviction please contact www.cabwhabac.org.uk. They will be able to advise and support you.

Shelter is able to support and offer advice around all queries you may have. Please visit www.shelter.org.uk

Worcester Food Bank

If you email the foodbank they can talk through your situation and put you in touch with a relevant local agency. Phone 01905 780400, email info@worcester.foodbank.org.uk

Droitwich Food Bank

If you email the foodbank they can talk through your situation and put you in touch with a relevant local agency. Phone 07532 130604, email info@droitwichspa.foodbank.org.uk

Citizens Advice

Worcester - Citizens Advice Worcester is an independent service providing a **free, confidential and impartial** advice and support to everybody regardless of race, age, sex, disability, sexuality, nationality, ethnicity, religion and belief.

They are based in two locations in Worcester at Lowesmoor and the Hopmarket. The service is also delivered from Outreach Centres.

They provide information/ advice on Debt, Benefits, Housing, Family, Employment, Public Law and many other general areas of advice.

Phone: 03444 111 303, Email: advice@cabwhabac.org.uk

Droitwich - South Worcestershire (Droitwich) Citizens Advice

The Library, Victoria Square Droitwich, WORCESTERSHIRE, WR9 8DQ

enquiries.wychavon@citizensadvice.org.uk - Worcestershire Adviceline 03444 111 303